# Rosedean House Surgery Patient Participation Group Minutes of the meeting held on the 15<sup>th</sup> September 2016

Present: David Sheppard (DJS) John Goodman Nick Hammond Nick Mallard Tony Reeves Edna Caddick Judy Davies Carol Jay Jackie Le Brocq Julia Lucas Judith Markes Sheila Mullins Jacqui Smith

### Apologies: Mike Davies Ruth Colrein Pam Jarvis Liz Webb

DJS introduced Roger Stone who is a director and treasurer of Bowel Cancer West. Roger told the meeting that he is a bowel cancer survivor and that in our lifetime one in two of the population will get cancer. There are over 200 different types of cancer and research indicates that bowel cancer is a disease of the west probably because of diet. Red meat and processed meat are not good and smoking is not helpful. Vegetables, fruit, chocolate, red wine, garlic, onions, turmeric, green tea and omega 3 are all considered to have a good impact on bowel health. Family history will have an impact. The cost of cancer in the UK is estimated at £16 billion annually whilst the impact on global GDP is estimated at 2% . If colon or rectal cancer is caught early survival rates are vastly improved and costs reduced. Bowel cancer is the 4th most common cancer but the 2nd biggest killer. It is not an easy subject to discuss and in a survey 40% of people admitted that they did not return the bowel screening pack that they had been sent, perhaps because of fear of the result. A new test called FIT is to be launched in 2018 and will be more accurate.

The charity tries to increase survival rates by increasing awareness, carrying out research, and helping with the training of G.P's and nurses. Mr Mark Coleman is a very well respected surgeon at Derriford which has an excellent reputation in this field. DJS thanked Roger on behalf of the whole group for such an excellent talk.

# Minutes from meeting 23<sup>rd</sup> June 2016:

The minutes were amended as follows: The speaker Maurice Diaper had been unable to drive initially but is now able to drive. The minutes were then agreed as a true record.

## Matters Arising:

Approval for the proposed new pharmacy has been given despite the objections but both Boots and Day Lewis have appealed against the decision.

The CCG is still in a difficult position financially.

Medical Manpower: Dr Bray is pregnant and will be going on maternity leave in December, it is her intention to return to Rosedean, she works Monday, Wednesday and Friday and locum cover will be sourced. Dr Wright is at Rosedean until December. Dr Buczek has been unwell for some of his time at Rosedean.

The surgery being on Facebook is proving to be a success.

The earlier opening time of the dispensary is proving helpful and plans are being made to extend the dispensary into one of the consulting rooms to enable two window hatches to be used to deal with patients. Storage is an issue.

### Umbrella Group Update:

Sheila reported that the meeting in July had been a short meeting as the Chairman was away. There is still concern about inter agency links and the problem of trying to get a

joined up approach to patient care. There is an issue with the different computer systems being used by different practices which do not join up, Rosedean uses the 4<sup>th</sup> biggest system in the Country and it can link up with others. St Lukes Hospice has a crisis response team which will cover this area, DJS told the meeting how much this was appreciated by Doctors as it speeds up help when it is very badly needed. Millbrook surgery is now permanently closed and DJS informed the meeting that there is concern at the number of practices closing, the largest one to close so far was in Oxford and it had 20,000 patients. There are changes coming to many areas of the NHS and patients need to be aware of the pressures on surgeries and the NHS in general. There was concern that some people are not aware of the Minor Injuries Units at some local hospitals. DJS thanked Sheila for attending the meeting and her report.

### Influenza Vaccinations:

2100 flu injections have arrived and letters are being sent to those patients eligible to have the injection.

#### On-line services:

NHS contracting requires surgeries to have some things available on-line, at Rosedean repeat prescriptions can be ordered and some appointments can be booked on-line. Patients are also now able to view certain parts of their medical records back to April 2015. The system recently had to be changed and this has proved to be a problem. Dawn the new person in charge of IT has proven to be excellent and is trying to resolve the issues. At present 6% of patients use the on-line system.

#### Future guest speakers:

DJS suggested and it was agreed to ask Neal Chambers the Patient and Public Involvement Manager from the CCG at St Austell to speak at the November meeting. Other suggestions for future speakers were someone from the Chestnut Appeal for prostate cancer and Dawn the IT specialist at Rosedean.

Provisional date of next meeting: Thursday 10<sup>th</sup> November 2016 @ 18.30