

Minutes of the meeting held on the 8th November 2018

Present : David Sheppard (DJS) Tony Reeves Michael Wing Chris Woolf Jocelyn Barnard Debbie Blake Emma Blatchford Teresa Fergus Carol Jay Julia Lucas Sheila Mullins Liz Price Jacqui Smith

Apologies : Nick Mallard Mark Thompson Jackie Le Brocq Liz Webb Sheila Wilson

DJS introduced Michael Wing (a member of Rosedean PPG) who had volunteered to talk to the group about South East Cornwall Breathers Group. The first group was set up in Liskeard and there are now ten in Cornwall with four more opening shortly. Three years ago Michael had done an eight week rehabilitation course with Rachel Williams and this had helped him so much that he joined the Breathers Group. The membership comes mainly from word of mouth and recommendation. The Group was awarded the Queens Award for Voluntary Service and is applying for grants to have a presentation filmed to be shown in schools. At present Michael visits schools to give an anti-smoking message, there is little point in telling children not to smoke but he shows them the effects of smoking. There are 4000 chemicals in each cigarette and nicotine is four times more addictive than heroin. Michael showed the group the amount of tar which will accumulate in the lungs following smoking and it also has a detrimental effect on sexual performance and the well being of babies born to mothers who smoked during pregnancy. It is felt that the battle to encourage 11-17 year olds to stop smoking is being won but 15% of children will leave school as hardened smokers. Vaping is better than smoking but does have effects. Rachel Williams and her team are the only respiratory team in Cornwall and she says that their help will keep patients out of hospital, which is so very cost effective. The title of the group could be changed from group to movement. DJS thanked Michael for such a frank, honest and very useful talk about the group and what he does.

Minutes from meeting 13th September 2018 :

These were agreed as a true record.

Matters Arising :

CCTV has now been installed. The flu clinics are not as straightforward as usual as there are two different vaccines and DJS expressed his gratitude for the help given by PPG members at the clinics as it does make a difference. The telephone answering machine message has been changed.

Umbrella Group Update :

The group discussed the ongoing problem of missed appointments and are to discuss this further at their next meeting. There is to be a talk in November by a 'Digital Champion' who helps those who are not computer literate. Not all surgeries have a PPG even though it is a contractual requirement to have one and different PPG'S operate in different ways and Sheila will be happy to pass on details of what other groups are doing. It was never intended that this PPG would be involved in fundraising but would support the practice in any way that it could, for example it tried to help with the parking situation for patients and staff by contacting the Council and local MP but made no progress. The Council have bought the ATS building and DJS is in discussion with them. DJS thanked Sheila for attending the meetings and giving her report.

Extended scope Physiotherapist :

On Monday the 12th November a physiotherapist will be joining Rosedean to help Doctors with patients who have acute muscular/skeletal problems, they will be at the surgery on a Monday and will have twenty minute appointment slots and will be able to carry out joint injections and other procedures. The system will be see, treat and discharge.

Practice Pharmacist :

The surgery is in the process of recruiting a fully qualified pharmacist to take work away from the Doctors i.e signing prescriptions and dealing with queries, they will work five half days each week. It is very important that as the shortage of Doctors continues G.P'S will only be doing the things that only G.P.S are able to do.

Improving Access to General Practice (IAGP)

G.P. services eight to eight seven days a week went live on the 1st October . Kernow Health is trying to find a workable option but with the acute shortage of available manpower it is at present operating on a Wednesday evening until eight. The Doctors do not have access to the patient's medical records.

Medicines Waste Campaign :

It is stated that very substantial monies are lost by the waste of medicines. Saltash PPG have been involved in advising patients about wastage and have utilised the grant of £250 available to PPG'S for this. DJS will get more details of the evidence for the amount of wastage and what Saltash has done. DJS mentioned that the drug budget at Rosedean was overspent.

Christmas Closure :

The practice will close at 6.30pm on Christmas Eve and reopen on Thursday 27th December, the practice will also be closed on the 1st January 2019. The pressure on the dispensary during this period will be huge and it will be wise to order your prescriptions early.

Future Guest Speaker :

DJS suggested Michelle McTernan his deputy, who is the first point of contact for patients with queries, would be an interesting speaker and it was agreed that he would ask her.

AOB :

Jacqui Smith was concerned about letters for referrals still being used rather than e mails, DJS was able to confirm that referrals are done electronically.

Provisional Date of Next Meeting : Thursday 10th January 2019 @18.30