# Minutes of the meeting held on the 13<sup>th</sup> September 2018

Present : David Sheppard (DJS) Nick Mallard Michael Wing Jocelyn Barnard Emma Blatchford Edna Caddick Pam Jarvis Carol Jay Jackie Le Brocq Julia Lucas Judith Markes Sheila Mullins Jacqui Smith Liz Webb

## **Apologies : Robin Hall Tony Reeves Liz Price Sheila Wilson**

DJS introduced Louisa Forbes who is the Lead Nurse Educator for Treliske Hospital on infection control. She told the group that anti-biotics work on bacterial infections not viral. We are becoming more resistant to anti-biotics, 99% of bacteria will not hurt us 1% will and that 1% is becoming more resistant. We have responsibility to learn about difference between what anti-biotics will help and what they won't. Louisa gives talks to healthcare professionals and members of the public including schoolchildren to try and lower expectations about what anti-biotics are able to do. It is about re-educating , we all exchange good bacteria cells as well as bad ones, it is a global challenge especially as anti-biotics have been overused. Prevention is so vital, we should all keep moving, do breathing exercises and keep our fluid intake high. Sepsis needs anti-biotics immediately as organs can become overwhelmed and fail possibly leading to death. Rescue packs are ideal for those with long term conditions if used properly. Delayed prescriptions are sometimes issued to see how matters progress. DJS thanked Louisa on behalf of the group for such an informative talk on such a vital topic.

DJS welcomed Emma Blatchford to the group.

# Minutes from meeting 5<sup>th</sup> July 2018:

Pam Jarvis had given her apologies but unfortunately these were omitted from the minutes, apart from this the minutes were agreed as a true record.

### **Matters Arising:**

Peter Stokes has now retired and Caroline Andrews has replaced him. A huge amount of work is being carried out by Kernow Health to try and cope with the October deadline to deliver 8am to 8pm seven days a week service.

Building Security – Monitored CCTV is being installed on the 7/8<sup>th</sup> July.

Medical Manpower – Dr Adams who is in her final year of GP training is settling very well at Rosedean.

#### **Umbrella Group Update:**

At the last meeting a great deal of time was taken up by reports from members who were on various committees – some of which were not relevant to us. The new chair of the group Kate Atkinson will be visiting PPG's. Sheila told the group that the CQC had given Rosedean an outstanding mark and was congratulated. East Cornwall Locality Group will give grants of up to £250 to PPG's if needed. Sheila had received the following documentation from the Umbrella Group: The Patients Association Insight Tool Handbook for PPG's. A report from Nigel May relating to the Citizens Advisory Panel meeting on the 11<sup>th</sup> May. A Healthwatch document titled "GP access in Cornwall 2017". An NHS Kernow document titled "Eligibility Criteria for NHS funded transport". DJS is happy to make these documents available on request – either by e mail or in hard copy format as required. DJS thanked Sheila for attending the meetings and her report.

### **Care Quality Commission Report:**

The rating given was Outstanding and the PPG congratulated everyone at the surgery who had worked so hard to achieve this result. The inspection day was the 6<sup>th</sup> June and on that day there was a shortage of GP's and the acute care hub had only just started operating. There was a huge amount of paperwork to be done before the inspection. DJS was pleased with the responses from the staff questionnaires and there was not one negative comment on the patient questionnaires returned. The full report can be viewed on- line or DJS will be pleased to provide a hard copy.

#### **Liskeard Healthfest:**

There is to be a health linked event at Liskeard Public Hall on the 18<sup>th</sup> September.

#### **East Cornwall Locality Event:**

There is to be a Kernow Health East meeting at Eliot House on the 18<sup>th</sup> September Chris Woolf and Carol Jay agreed to attend.

#### 'flu Clinics:

This year for the first time there are two different types of vaccine one for those over 65 on 31.3.19 called ADJUVANTED TRIVALENT and for those under 65 who are eligible QUADRIVALENT. DJS asked for help with directing patients at the clinics and members will contact him if they are able to help.

### **Beech Lawn Nursing Home:**

The home has advised DJS that they are holding a Macmillan Cancer Support World's Biggest Coffee Morning event on the 8<sup>th</sup> October at 2.30pm.

#### AOB:

Jacqui Smith raised a query about the content of the automatic telephone message and the TV screen message regarding Nurse Practitioners DJS will investigate.

Provisional date of next meeting: Thursday 8th November 2018 @ 18.30