

## ***Minutes of the meeting held on the 14th September 2017***

***Present : David Sheppard (DJS) Mike Davies Tony Reeves Belita Apuhamy Edna Caddick Judy Davies Carol Jay Julia Lucas Sheila Mullins Jacqui Smith Liz Webb***

***Apologies : Mark Thompson Jocelyn Barnard Pam Jarvis Sheila Wilson***

### ***Dr Giles Richards Consultant Psychiatrist for Dementia Services in East Cornwall***

DJS introduced Dr Giles Richards who explained that he cares for the mental well-being of the elderly in South East Cornwall, his team diagnose dementia and provides subsequent care and they also deal with those with severe depression, anxiety and schizophrenia. The Patient would probably see their GP who would ask certain questions and then if concerned would refer them to a member of Dr Richard's team and a nurse will carry out an assessment and once the results are available the patient will see Dr Richards for a diagnostic interview which could include a brain scan. Different types of dementia have different treatments although everyone is offered Cognitive Stimulation Therapy which could be an eight week course and evidence has shown will improve the situation and it will also be explained what help is available.

Cornwall Carers operate a carer help and advice service. The point of contact at Dementia Services will make contact every six months and families are able to make contact with the service if necessary. There is a complex care team who ensure that patients with complex issues are kept safe. His team work closely with Social Services, The Alzheimer's Society and other voluntary agencies.

Dementia is an umbrella term for different dementias with Alzheimer's being the most common form, early onset dementia is used to describe the condition in anyone under 65. DJS thanked Dr Richards for such a very informative talk.

### ***Minutes from meeting 6th July 2017 :***

These were agreed as a true record.

### ***Matters Arising :***

Following his visit to the meeting Nigel May e-mailed DJS and copies of the e mails are attached.

### ***Umbrella Group Update :***

At the last meeting speakers came from Plymouth University to give a talk on a project taking place in this area on the use of IT, Smart Phones and Robots. They brought with them a delightful Robot called Peppa which costs £15000 and is able to teach and interact with people it showed how to cook a ready meal. DJS thanked Sheila for her report.

### ***Dispensary Refurbishment and expansion :***

The planned work on the dispensary went ahead over the Bank Holiday weekend, the work started at 4pm on Friday and the fitters came at 6pm, the dispensary staff worked until 6pm on

the Monday so that everything was ready for Tuesday morning There is now much more storage space and more efficient working space for the dispensary staff. There are now two collection points, one for ordering and collecting repeat prescriptions and the other for prescriptions given by a Doctor at a consultation that day and the patient waits in the main waiting room whilst it is prepared and a message will appear on the TV screen when it is ready.

***Empowering People and Communities Taskforce :***

NHS England are looking for a volunteer to be on a taskforce which will be London based £150 a day will be paid DJS has more information if anyone is interested.

***Telehealth :***

This project was launched in Cornwall and it enabled nurses in a different location to monitor certain aspects of peoples health i.e. blood pressure, oxygen saturation and weight by use of a mobile phone and certain equipment which was installed in the patient's home. If there were problems the nurse would contact the patient with advice. The project has been running for several years and now the CCG has decided to decommission it, however the decommissioning has now stopped as there was a threat of a Judicial Review. Nineteen patients at Rosedean use this service.

***Flu Clinic & Volunteers :***

Letters have been sent to those patients eligible for the flu injection (3000 in total), because of the changes to the dispensary the injections will now be done in Dr. Thornton's room with patients waiting in the main waiting room. There will be signage explaining this to patients however in view of the volume of patients to be dealt with DJS asked for volunteers to help patients check in and then guide them to the waiting room.

***Future Speakers :***

Jackie Pendleton Chief Operating Officer of the CCG has agreed to speak at the November meeting.

***Provisional date of next meeting : Thursday 16th November 2017 @ 18.30***